



Virtual Primary Care

You will love this employee benefit.

You now have the benefit of personalized, ongoing care from a primary care doctor without leaving the comfort of home!

Use First Stop Health Virtual Primary Care for:



Urgent Care Issues

Talk to a doctor in minutes for sinus infection, UTI, cold, flu, rash, headache and more. Available 24/7!



Prevention & Wellness

Check in on your current health and make a personalized plan to stay healthy and strong.



Mental Healthcare

Diagnosis and prescriptions for depression, anxiety and more. You have virtual counseling, too.



Health Management

Support for managing asthma, diabetes, hypertension, obesity, high cholesterol, smoking, COPD and more.



Referrals, Tests and More

Just like at an in-person visit, our doctors can:

- Order labs, tests and screenings
- Provide sick notes and documentation
- Refer you to in-network specialists



Get care on your time.

- 24/7, on-demand urgent care
- Scheduled visits (that start on time!) for primary care



Care for your family.

- This service is FREE and available to all employees and your immediate household family members!
- We can treat urgent care issues in those <18. Adults can use FSH for both primary and urgent care.

Please note: If you are on Mass Health, Medicare or Medicaid, First Stop Health may not be the best option for you.